

Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144/A

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144/A: Filer Information

Filer CIK	0001766269
Filer CCC	XXXXXXXX
Previous Accession Number Of The Filing	0001959173-25-006319
Is this a LIVE or TEST Filing?	<input checked="" type="radio"/> LIVE <input type="radio"/> TEST

Submission Contact Information

Name	
Phone	
E-Mail Address	

144/A: Issuer Information

Name of Issuer	Lyft, Inc.
SEC File Number	001-38846
Address of Issuer	185 BERRY STREET, SUITE 400 SAN FRANCISCO CALIFORNIA 94107
Phone	844-250-2773
Name of Person for Whose Account the Securities are To Be Sold	Zimmer John Patrick

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	Director
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144/A: Securities Information

Title of the Class of Securities To Be Sold	Common
Name and Address of the Broker	Fidelity Brokerage Services LLC 245 Summer Street Boston MA 02110
Number of Shares or Other Units To Be Sold	2190000
Aggregate Market Value	48158100.00
Number of Shares or Other Units Outstanding	397910877
Approximate Date of Sale	10/03/2025
Name the Securities Exchange	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144/A: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	07/22/2008
Nature of Acquisition Transaction	Founder shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	500620
Date of Payment	07/22/2008
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	06/17/2010
Nature of Acquisition Transaction	Founder shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	215356
Date of Payment	06/17/2010
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	03/15/2019
Nature of Acquisition Transaction	NSO Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	925420
Date of Payment	03/15/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in

installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	03/15/2019
Nature of Acquisition Transaction	ISO Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	30959
Date of Payment	03/15/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	03/28/2019
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	246798
Date of Payment	03/28/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2019
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	22533
Date of Payment	05/20/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2020
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	14262
Date of Payment	05/20/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2020
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	39201
Date of Payment	08/20/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2022
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	20098
Date of Payment	05/20/2022
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2022
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	20107
Date of Payment	08/20/2022
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	02/20/2023
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	1801
Date of Payment	02/20/2023
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2025
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	2065
Date of Payment	05/20/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2025
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	1925
Date of Payment	08/20/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	07/22/2008
Nature of Acquisition Transaction	Founder Shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	387605
Date of Payment	07/22/2008
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144/A: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET SUITE 400 SAN FRANCISCO CA 94107
Title of Securities Sold	Common Stock
Date of Sale	09/15/2025
Amount of Securities Sold	91200
Gross Proceeds	1698144.00

144/A: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET
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SUITE 400
SAN FRANCISCO
CA
94107

Title of Securities Sold

Common Stock

Date of Sale

09/16/2025

Amount of Securities Sold

1002260

Gross Proceeds

20486194.00

144/A: Securities Sold During The Past 3 Months

Name and Address of Seller

John Patrick Zimmer C/O LYFT inc
185 BERRY STREET
SUITE 400
SAN FRANCISCO
CA
94107

Title of Securities Sold

Common Stock

Date of Sale

09/15/2025

Amount of Securities Sold

50000

Gross Proceeds

100175.00

144/A: Securities Sold During The Past 3 Months

Name and Address of Seller

John Patrick Zimmer C/O LYFT inc
185 BERRY STREET
SUITE 400
SAN FRANCISCO
CA
94107

Title of Securities Sold

Common Stock

Date of Sale

09/16/2025

Amount of Securities Sold

400000

Gross Proceeds

8176000.00

144/A: Remarks and Signature

Remarks

350,000 shares are being sold from THE ZIMMER 2014 IRREVOCABLE TRUST AGREEMENT account 1,840,000 shares are being sold from the John Zimmer account

Date of Notice

10/03/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Jason Coleman as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for John Patrick Zimmer

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)