

Form 144 Filer Information

FORM 144

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549****Form 144****NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933****144: Filer Information**

Filer CIK	<input type="text" value="0001766269"/>
Filer CCC	<input type="text" value="XXXXXXXX"/>
Is this a LIVE or TEST Filing?	<input checked="" type="radio"/> LIVE <input type="radio"/> TEST

Submission Contact Information

Name	<input type="text"/>
Phone	<input type="text"/>
E-Mail Address	<input type="text"/>

144: Issuer Information

Name of Issuer	<input type="text" value="Lyft, Inc."/>
SEC File Number	<input type="text" value="001-38846"/>
Address of Issuer	<input type="text" value="185 BERRY STREET, SUITE 400
SAN FRANCISCO
CALIFORNIA
94107"/>
Phone	<input type="text" value="844-250-2773"/>
Name of Person for Whose Account the Securities are To Be Sold	<input type="text" value="Zimmer John Patrick"/>

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	<input type="text" value="Director"/>
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144: Securities Information

Title of the Class of Securities To Be Sold	<input type="text" value="Common"/>
Name and Address of the Broker	<input type="text" value="Fidelity Brokerage Services LLC
245 Summer Street
Boston
MA
02110"/>
Number of Shares or Other Units To Be Sold	<input type="text" value="2428750"/>
Aggregate Market Value	<input type="text" value="54914037.50"/>
Number of Shares or Other Units Outstanding	<input type="text" value="397910877"/>
Approximate Date of Sale	<input type="text" value="10/03/2025"/>
Name the Securities Exchange	<input type="text" value="NASDAQ"/>

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	07/22/2008
Nature of Acquisition Transaction	Founder shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	500620
Date of Payment	07/22/2008
Nature of Payment	N/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	06/17/2010
Nature of Acquisition Transaction	Founder shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	215356
Date of Payment	06/17/2010
Nature of Payment	N/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	03/15/2019
Nature of Acquisition Transaction	NSO Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	925420
Date of Payment	03/15/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class B
Date you Acquired	03/15/2019
Nature of Acquisition Transaction	ISO Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	30959
Date of Payment	03/15/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	03/28/2019
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	246798
Date of Payment	03/15/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2019
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	22533
Date of Payment	05/20/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2020
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	14262
Date of Payment	05/20/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2020
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	39201
Date of Payment	08/20/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2022
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	20098
Date of Payment	05/20/2022
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2022
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	20107
Date of Payment	08/20/2022
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	02/20/2023
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	1801
Date of Payment	02/20/2023
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	05/20/2025
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	2065
Date of Payment	05/20/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A
Date you Acquired	08/20/2025
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	1925
Date of Payment	08/20/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	07/22/2008
Nature of Acquisition Transaction	Founder Shares
Name of Person from Whom Acquired	Issuer

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired	387605
Date of Payment	07/22/2008
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET, SUITE 400 SAN FRANCISCO CA 94107
Title of Securities Sold	Common Stock
Date of Sale	09/15/2025
Amount of Securities Sold	91200
Gross Proceeds	1698144.00

144: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET, SUITE 400 SAN FRANCISCO
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	CA 94107
Title of Securities Sold	Common Stock
Date of Sale	09/16/2025
Amount of Securities Sold	1002260
Gross Proceeds	20486194.00

144: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET, SUITE 400, SAN FRANCISCO CA 94107
Title of Securities Sold	Common Stock
Date of Sale	09/15/2025
Amount of Securities Sold	50000
Gross Proceeds	100175.00

144: Securities Sold During The Past 3 Months

Name and Address of Seller	John Patrick Zimmer C/O LYFT inc 185 BERRY STREET, SUITE 400 SAN FRANCISCO CA 94107
Title of Securities Sold	Common Stock
Date of Sale	09/16/2025
Amount of Securities Sold	400000
Gross Proceeds	8176000.00

144: Remarks and Signature

Remarks	387, 605 shares are being sold from THE ZIMMER 2014 IRREVOCABLE TRUST AGREEMENT account 2,041,145 shares are being sold from the John Zimmer account
Date of Notice	10/03/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Audrey Skillern as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for John Patrick Zimmer

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)